



FALL 2020

Hi Neighbors!

We have finished harvesting the forages for our cows, fertilized the fields, and seeded the cover crop to conserve the soil over the winter. Like you, our farm businesses and families have had to pivot this year. While plans changed, our commitment to taking care of our cows and producing fresh, local milk every day remains the same.

All dairy farmers contribute to dairy promotion programs. Through these programs we can share messaging about dairy farming locally and nationally. This year we had the opportunity to use those dollars to help local food banks to better fill the need for our nutritionally important products. Three of our local food pantries received a dairy cooler grant.

"Milk is one of the most requested items at food pantries but the least available. As farmers we are always looking for ideas that benefit our local communities. The dairy cooler grant helped us address the local need for milk and dairy products," Cricket Jacquier. We take great pride in supporting our pantries that fill the critical mission of feeding those in need. We look forward to continuing to provide your family with local and fresh dairy products in 2021 and beyond.

Sincerely,

The Freunds and Jacquiers



Serving Waffles to our Community

As Summer faded into Fall, Freund's Farm Market converted the greenhouse from benches of annuals to picnic tables for hosting socially distant brunches.

Every Sunday we invited teachers, first responders, frontline workers and veterans as our special guests to eat for free. Our first weekend even included Touch a Truck and raised over \$200 for a donation to the Canaan Fire Co.

Farm Tours from Home!?

We missed hosting in person tours this Fall, but we hosted several virtual farm tours. Several dairy farmers partnered with New England Dairy to bring visitors around their farms (online). Check out the recorded farm tours:

www.newenglanddairy.com/live-virtual-farm-tours/

Shelby Jacquier Returns to Care for Cows

Shelby graduated from Cazenovia College this year and returned to the family farm. "After I left for college I soon realized how important it was for me to end up back at my family's farm. My BPS degree in management helps me everyday to learn to manage the herd."

She is a great addition to the farm team. She works each day to care for our dairy herd and we couldn't be more proud.



One serving of any dairy milk (whole, 2% and even skim) provides **8 grams of protein.**



The Freund & Jacquier Families

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CT Dairy Farmer to Food Pantry Cooler Grant Program

New Dairy Coolers at 3 Local Food Pantries

Connecticut Dairy farm families recognize and embrace their role in feeding and supporting their communities during both good and challenging times. Through this program, we nominated our food pantries to receive coolers to keep milk and dairy products cold and safe for distribution to families in need.

Fishes and Loaves Food Pantry in Canaan, **Corner Food Pantry** in Lakeville, and **Friendly Hands Food Bank** in Torrington were selected and received dairy coolers this fall to supply products for families in need.

Receiving these coolers means these 3 pantries in the northwest corner now have the capacity to provide milk and dairy products to 5,225 households they serve each month. Each cooler can hold 64 gallons of milk.



"Having the ability to safely store milk and other fresh dairy items for distribution to our clients will assist us greatly in each pantry's efforts to offer nutritious food to families in need. Our area dairy farmers play a vital role in keeping our community healthy and we are grateful to them for this generous donation,"

Louise Riley, Fishes and Loaves



Cover Crop Report

As soon as we finished the corn harvest, we were back in the field sowing wheat so that our cover crop could germinate before cold temperatures arrived and the soil would be protected. The mild temperatures in October have been great for this crop to establish and grow quickly. These rolling green fields are important to maintaining healthy soil structure, reducing soil erosion, and providing green manure for the next crop. These soils have been nourishing our animals for over 7 decades. Good farming practices ensure that this soil will continue to nourish our animals and families for the next 7 decades.

Got a Dairy Question?

Contact the Freund family: amanda@cowpots.com
Jacquier family: laurelbrookfarm@sbcglobal.net



For dairy recipes and to learn more about our farmer owned cooperative, visit: www.cabotcheese.coop